

Practitioner Guide  
including NHS  
Supply Chain  
Order Codes

**Limbo**®

The original waterproof protector

# Helping patients shower and bathe with confidence

Waterproof Protection for Casts,  
Air Walker Boots, Dressings  
and PICC Lines/Midlines



Proudly designed and  
manufactured in the UK  
since 1994.

 **Thesis**  
Technology

# Help restore patients' well-being with a LimbO waterproof protector

Thank you for your professional interest in the LimbO Waterproof Protector. This guide explains why the LimbO is recognised as a leading waterproof protection solution for patients and quickly assists you with product selection. The guide highlights how to obtain a LimbO including options on FP10 prescription, NHS Supply Chain (NHS SC) and the NHS Shared Business Services framework (NHS SBS). We have also included a section about our outdoor cast protectors, cast accessories, mobility aids and a range of diabetic socks.

For further support and resources please visit [www.limboproducts.co.uk](http://www.limboproducts.co.uk) or see our contact details on the back cover.



## Why is the LimbO the most recommended protector?

### Helping the Patient

- More independence during recovery
- Easy to use
- Maintain personal hygiene
- Durable and submersible
- Reliable waterproof protection
- Adult and child sizes
- Easy to order via phone, web or Amazon
- Prices from £12.00
- Rapid delivery
- Latex free
- Intended for single patient use

### Helping Your Team

- Reduce healthcare risks associated with wet dressings and wet casts
- Reduce avoidable NHS costs resulting from re-casting and re-dressing
- Easy size selection
- Available on FP10 prescription, NHS Supply Chain and NHS SBS framework
- Bespoke sizes available for unique cases
- 29 years as a trusted solution
- Dedicated practitioner content on our website

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"Patient use of the LimbO reduces the chance of wet dressings and casts and the associated problems of discomfort, clinical complications and delays to recovery".

## Featuring the unique LimbO neoprene seal

- Flexible and comfortable
- Superior design providing a complete waterproof barrier against the skin
- Gentle non-constrictive seal, made with premium neoprene
- Guaranteed for twelve weeks with regular use
- Proudly designed and manufactured in the UK



# Guaranteed waterproof protection for casts, dressings or PICC lines



## Adult Half Arm

For casts or dressings below the elbow.

- Seals just above the elbow
- Suitable for the bath or shower
- NHS Supply Chain options



Height (cm)	Weight (kg)	Length (cm)	Circumference (cm) Limb	Cast	Model	NHS SBS	NHS SC Order Code
152+	Under 51	49	22-25	33	<b>M50A</b>		N/A
152+	51-70	53	25-29	40	<b>M60</b>	✓	EAZ 706
152+	70+	53	30-39	44	<b>M67</b>	✓	EAZ 699



## Adult Full Arm

For casts or dressings covering the whole arm.

- Seals at the top of the upper arm
- Suitable for the bath or shower
- NHS Supply Chain options



Height (cm)	Weight (kg)	Length (cm)	Circumference (cm) Limb	Cast	Model	NHS SBS	NHS SC Order Code
152+	51-70	69	25-29	40	<b>M60L</b>	✓	EAZ 716
152+	70-108	69	30-39	44	<b>M70</b>	✓	EAZ 715
152+	108+	69	39-54	57	<b>M87</b>	✓	EAZ 703



## Adult and Child Elbow

For PICC Lines, Midlines, or dressings on the elbow or upper arm.

- Seals above and below the elbow
- Ideal to support patients during IV treatment
- Suitable for the bath or shower
- Prescription options
- Child option
- NHS Supply Chain options



Height (cm)	Weight (kg)	Length (cm)	Circumference (cm) Limb	Dressing	Model	PIP Code	NHS SBS	NHS SC Order Code
Under 152	Under 51	12	22-25	33	<b>M45S</b>	N/A		N/A
152+	Under 51	26	22-25	33	<b>M45</b>	N/A		N/A
152+	51-70	26	25-29	40	<b>M65</b>	386-4303	✓	EAZ 705
152+	70-108	26	30-39	44	<b>M75</b>	386-4311	✓	EAZ 711
152+	108+	26	39-54	57	<b>M85</b>	N/A		N/A



## Adult Hand

For light dressings on the hand.

- Seals on the forearm
- Not suitable for plaster casts or following thumb surgery. Select Adult Half Arm model instead



Height (cm)	Weight (kg)	Length (cm)	Circumference (cm) Limb	Cast	Model
Slim to Medium Build		30	22-25	Bandage Only	<b>MITT</b>

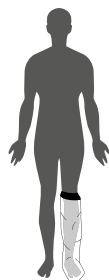
# The comfortable, trusted solution for staying dry in the shower or bath



## Adult Half Leg

For casts or dressings below the knee.

- Seals just above the knee
- Suitable for use with diabetic ulcers
- Suitable for the bath or shower
- Prescription options
- NHS Supply Chain options



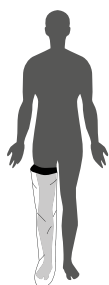
Height (cm)	Weight (kg)	Length (cm)	Circumference (cm) Limb	Cast	Model	PIP Code	NHS SBS	NHS SC Order Code
165 to 183	64-102	73	39-54	57	<b>M80</b>	320-0045	✓	EAZ 718
Under 165	64-102	65	39-54	57	<b>M80S</b>	320-0052	✓	EAZ 707
183+	64-102	83	39-54	57	<b>M80L</b>	N/A		N/A
165 to 183	Under 64	73	35-39	44	<b>M76</b>	333-7581	✓	EAZ 710
Under 165	Under 64	65	35-39	44	<b>M76S</b>	333-7599	✓	EAZ 702
183+	Under 64	83	35-39	44	<b>M76L</b>	N/A		N/A
165 to 183	102-140	73	52-57	59	<b>M180</b>	320-0060	✓	EAZ 709
Under 165	102-140	65	52-57	59	<b>M180S</b>	320-0078	✓	EAZ 717
183+	102-140	83	52-57	59	<b>M180L</b>	N/A		N/A
152 to 183	140 +	73	65-90	94	<b>M200HL</b>	N/A	✓	EAZ 719



## Adult Full Leg

For casts or dressings covering the whole leg.

- Seals at the top of the leg
- Suitable for use with diabetic ulcers
- Suitable for the bath or shower
- NHS Supply Chain options



Height (cm)	Weight (kg)	Length (cm)	Circumference (cm) Limb	Cast	Model	NHS SBS	NHS SC Order Code
165 to 183	64-102	96	52-65	70	<b>M100</b>	✓	EAZ 720
Under 165	64-102	85	52-65	70	<b>M100S</b>		N/A
183+	64-102	103	52-65	70	<b>M100L</b>		N/A
Under 183	Under 64	96	39-54	57	<b>M80LL</b>	✓	EAZ 722
152 to 183	102+	96	65-90	94	<b>M200FL</b>	✓	EAZ 721



## Adult Knee

For light dressings on the knee.

- Seals above and below the knee
- For shower use only



Height (cm)	Weight (kg)	Length (cm)	Circumference (cm) Limb	Dressing	Model
165 to 183	64-102	38	39-54	57	<b>M86</b>

## Adult Orthopaedic Boot

For orthopaedic boots. For the seal to be large enough to go over the boot, please select the appropriate size Adult Full Leg LimbO model.

- Seals at the top of the thigh
- Suitable for the bath or shower



## Adult Foot

For light dressings below the ankle.

- Seals above the ankle bone
- Suitable for use with diabetic ulcers
- For shower use only
- Available on FP10 prescription
- NHS Supply Chain options



Shoe Size	Circumference (cm) Limb	Dressing	Model	PIP Code	NHS SBS	NHS SC Order Code
Max shoe size 11	20-25	33	<b>M20</b>	416-6476	✓	EAZ 723
Max shoe Size 11	23-34	40	<b>M25</b>	416-6484	✓	EAZ 701

# Eliminate the need for replacing wet bandages or ruined plaster casts



## Child Full Leg

For casts or dressings covering the leg.

- Seals at the top of the thigh
- Suitable for the bath or shower
- NHS Supply Chain options



Age	Weight (kg)	Height	Length (cm)	Circumference (cm) Limb	Cast	Model	NHS SC Order Code
3 yrs	Size is typical for age, select as you would for clothing		53	25-34	40	<b>FL3</b>	N/A
4-5 yrs			58	25-34	40	<b>FL45</b>	N/A
6-7 yrs			61	35-39	44	<b>FL67</b>	EAZ 714
8-10 yrs			73	39-54	57	<b>FL810</b>	EAZ 704
11-13 yrs			83	39-54	57	<b>FL1113</b>	EAZ 700



## Child Half Leg

For casts or dressings below the knee, on older children.

- Seals just above the knee
- Suitable for the bath or shower



Age	Weight (kg)	Height	Length (cm)	Circumference (cm) Limb	Cast	Model
8-10 yrs	Size is typical for age, select as you would for clothing		58	25-34	40	<b>BK810</b>
11-13 yrs			61	35-39	44	<b>BK1113</b>



## Child Full Arm

For casts or dressings on the arm.

- Seals at the top of the arm
- Aqua blue junior style
- Suitable for the bath or shower
- NHS Supply Chain options



Age	Weight (kg)	Height	Length (cm)	Circumference (cm) Limb	Cast	Model	NHS SC Order Code
2-3 yrs	Size is typical for age, select as you would for clothing		31	16-22	29	<b>FA23</b>	N/A
4-5 yrs			43	16-22	29	<b>FA45</b>	N/A
6-7 yrs			49	22-25	33	<b>FA67</b>	EAZ 712
8-10 yrs			58	22-25	33	<b>FA810</b>	EAZ 708
11-13 yrs			58	25-34	40	<b>FA1113</b>	EAZ 713



## Child Half Arm

For casts or dressings below the elbow, on older children.

- Seals just above the elbow
- Slim and standard arm options
- Aqua blue junior style
- Suitable for the bath or shower



Age	Weight (kg)	Height	Length (cm)	Circumference (cm) Limb	Cast	Model
8-10 yrs-Slim	Size is typical for age, select as you would for clothing		36	16-22	29	<b>BE810-40</b>
8-10 yrs-Standard			36	22-25	33	<b>BE810-50</b>
11-13 yrs-Slim			43	16-22	29	<b>BE1113-40</b>
11-13 yrs-Standard			43	22-25	33	<b>BE1113-50</b>






# Accessories and protection for casts, dressings and PICC Lines

## Making life more comfortable



### Arm Sleeve for Cast / Dressing / PICC Line


Brighten up your arm cast with a soft lycra cover.

- Helps avoid snagging
- Adult and child sizes
- Elbow / PICC sleeve options - smart and discreet
- Available colours     



### Adult Leg Sleeve for Cast / Dressing





Keep your leg cast clean with a stylish lycra cover.

- Helps avoid snagging
- Available colours 



### Toe Cozy




Keep toes clean and warm with a cosy fleece cover.

- Adjustable Velcro® straps
- Can be used with dressings too
- Available colours    



### Oarsome Grips

Extra comfort for crutch handles.

- Helps avoid blisters
- Sold as a pair
- Available colours   

## Keep clean and dry whilst outside



### Adult Foot Cover (Sandal not included)

Keep your cast / dressing clean and dry whilst outside.

- Breathable waterproof fabric
- Adjustable Velcro® straps
- Strong and durable



### Adult Mitt / Child Mitt

Keep your cast / dressing clean and dry whilst outside.

- Breathable waterproof fabric
- Adjustable Velcro® straps
- Strong and durable



### Adult Wrist Cover

Keep your cast / dressing clean and dry whilst outside with exposed fingers for a better grip.

- Breathable waterproof fabric
- Adjustable Velcro® straps
- Left and right hand options



### Waterproof Sock

Rugged outdoor sock for child's lower leg.

- Perfect for the garden or beach
- Waterproof and breathable





## Diabetic Sock Collection - Socks that do not constrict blood flow on the lower leg

### Prosox

- Stay up without applying pressure
- Welt-free
- Available in cotton or wool
- Anti-slip option available



### Gentle Grip Socks

- Non-binding
- Available in black, grey or six vibrant colours as shown
- Extra wide oedema option available



### Sock Aid

- Pull on socks with minimum stretching
- Ribbed thumb grips
- Lightweight



### Walk-Ease Walking Stick

- Adjustable length
- Handle designed for extra comfort
- Flexible ferrule to maximise contact with the ground
- Three styles



### Stick and Stay (Suction Grab Rail)

- Easy to fit
- Ideal for travel
- Suitable for ceramic or glass
- Safety indicator



## Helping you whilst you help patients

The bodyblock limb support provides a hygienic multidisciplinary, multipurpose support block for clinical environments.

bodyblock

With four sides creating different heights, the bodyblock is a versatile tool for delivering stable elevation during treatment. Simply flip it for a different height and reduce bending to treat patients. The bodyblock can be used to support the head, legs, heels or arms and can also be used as knee spacer. The bodyblock is lightweight, strong and easy to sterilise.



### NO QUIBBLE GUARANTEE

We want users to be totally happy with their LimbO and the service they receive from us. The LimbO is guaranteed to last twelve weeks when used correctly. If the LimbO proves unsuitable for the intended application or fails to last twelve weeks, a refund will be given or replacement will be provided. This does not affect statutory rights.

Please note: The LimbO comes with full instructions and safety information. The LimbO is not intended for use on open or undressed wounds and should not be used in the sea or swimming pools.

Prices correct at October 2022

## Adult

(for quick size selection use height and weight. Use length and circumference points shown on diagram for extra guidance)

Limb Coverage	Full Product Description	Height (cm)	Weight (kg)	Limbo Length (cm)	Limb Circumference (cm)	Cast Circumference (cm)	Model	PIP Code	NHS SBS	NHS SC Order Code	Page
Full	Adult Full Arm-Slim	152+	51-70	69	25-29	40 (maximum)	M60L		✓	EAZ 716	4
Full	Adult Full Arm-Medium	152+	70-108	69	30-39	44 (maximum)	M70		✓	EAZ 715	4
Full	Adult Full Arm-Large	152+	108+	69	39-54	57 (maximum)	M87		✓	EAZ 703	4
Half	Adult Half Arm-Slimmer Adult	152+	Under 51	49	22-25	33 (maximum)	M50A			N/A	4
Half	Adult Half Arm-Slim to Medium	152+	51-70	53	25-29	40 (maximum)	M60		✓	EAZ 706	4
Half	Adult Half Arm-Medium to Large	152+	70+	53	30-39	44 (maximum)	M67		✓	EAZ 699	4
Elbow	Adult Elbow-Extra Slim	152+	Under 51	26	22-25	33 (maximum)	M45			N/A	5
Elbow	Adult Elbow-Slim to Medium	152+	51-70	26	25-29	40 (maximum)	M65	386-4303	✓	EAZ 705	5
Elbow	Adult Elbow-Medium to Large	152+	70-108	26	30-39	44 (maximum)	M75	386-4311	✓	EAZ 711	5
Elbow	Adult Elbow-Extra Large	152+	108+	26	39-54	57 (maximum)	M85			N/A	5
Full	Adult Hand	Slim to Medium Build		30	22-25	Bandage Only	MITT			N/A	5
Full	Adult Full Leg	165 to 183	64-102	96	52-65	70 (maximum)	M100		✓	EAZ 720	6
Full	Adult Full Leg-Short	Under 165	64-102	85	52-65	70 (maximum)	M100S			N/A	6
Full	Adult Full Leg-Long	183+	64-102	103	52-65	70 (maximum)	M100L			N/A	6
Full	Adult Full Leg-Slim	Under 183	Under 64	96	39-54	57 (maximum)	M80LL		✓	EAZ 722	6
Full	Adult Full Leg-Extra Heavy Leg	152 to 183	102+	96	65-90	94 (maximum)	M200FL		✓	EAZ 721	6
Half	Adult Orthopaedic Boot	For any Orthopaedic Boot please select a full leg Limbo									6
Half	Adult Half Leg	165 to 183	64-102	73	39-54	57 (maximum)	M80	320-0045	✓	EAZ 718	6
Half	Adult Half Leg-Short	Under 165	64-102	65	39-54	57 (maximum)	M80S	320-0052	✓	EAZ 707	6
Half	Adult Half Leg-Long	183+	64-102	83	39-54	57 (maximum)	M80L			N/A	6
Half	Adult Half Leg-Slim	165 to 183	Under 64	73	35-39	44 (maximum)	M76	333-7581	✓	EAZ 710	6
Half	Adult Half Leg-Slim-Short	Under 165	Under 64	65	35-39	44 (maximum)	M76S	333-7599	✓	EAZ 702	6
Half	Adult Half Leg-Slim-Long	183+	Under 64	83	35-39	44 (maximum)	M76L			N/A	6
Half	Adult Half Leg-Large	165 to 183	102-140	73	52-57	59 (maximum)	M180	320-0060	✓	EAZ 709	6
Half	Adult Half Leg-Large-Short	Under 165	102-140	65	52-57	59 (maximum)	M180S	320-0078	✓	EAZ 717	6
Half	Adult Half Leg-Large-Long	183+	102-140	83	52-57	59 (maximum)	M180L			N/A	6
Half	Adult Half Leg-Extra Heavy Leg	152 to 183	140 +	73	65-90	94 (maximum)	M200HL		✓	EAZ 719	6
Knee	Adult Knee	165 to 183	64-102	38	39-54	57 (maximum)	M86			N/A	7
Full	Adult Foot-Slim to Medium	Max shoe size 11			20-25	33 (maximum)	M20	416-6476	✓	EAZ 723	7
Full	Adult Foot-Medium to Large	Max shoe Size 11			23-34	40 (maximum)	M25	416-6484	✓	EAZ 701	7

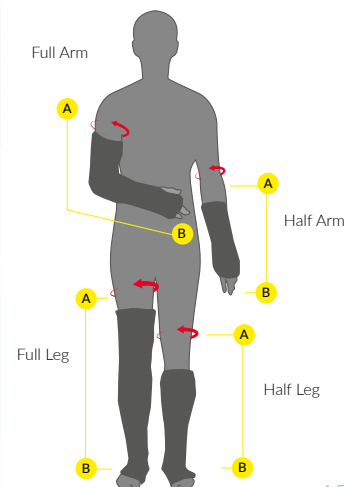
Conversion Tables	
Stone	Kilos
8	51
8.5	54
9	57
9.5	60
10	64
10.5	67
11	70
11.5	73
12	76
12.5	79
13	83
13.5	86
14	89
14.5	92
15	95
15.5	98
16	102
16.5	105
17	108
17.5	111
18	114
18.5	118
19	121
19.5	124
20	127
Feet	cm
4	122
4.6	137
5	152
5.6	168
6	183
6.6	198
7	214

## Child

(for quick size selection use clothing size. Use length and circumference points shown on diagram for extra guidance)

Full	Child Full Arm-2-3 yrs			31	16-22	29 (maximum)	FA23			N/A	9
Full	Child Full Arm-4-5 yrs			43	16-22	29 (maximum)	FA45			N/A	9
Full	Child Full Arm-6-7 yrs			49	22-25	33 (maximum)	FA67			EAZ 712	9
Full	Child Full Arm-8-10 yrs	Size is typical for age, select as you would for clothing		58	22-25	33 (maximum)	FA810			EAZ 708	9
Full	Child Full Arm-11-13 yrs			58	25-34	40 (maximum)	FA1113			EAZ 713	9
Half	Child Half Arm-8-10 yrs-Slim			36	16-22	29 (maximum)	BE810-40			N/A	9
Half	Child Half Arm-8-10 yrs-Standard			36	22-25	33 (maximum)	BE810-50			N/A	9
Half	Child Half Arm-11-13 yrs-Slim			43	16-22	29 (maximum)	BE1113-40			N/A	9
Half	Child Half Arm-11-13 yrs-Standard			43	22-25	33 (maximum)	BE1113-50			N/A	9
Elbow	Child Elbow	Under 152	Under 51	12	22-25	33 (maximum)	M45S			N/A	5
Full	Child Full Leg-3 yrs			53	25-34	40 (maximum)	FL3			N/A	8
Full	Child Full Leg-4-5 yrs			58	25-34	40 (maximum)	FL45			N/A	8
Full	Child Full Leg-6-7 yrs	Size is typical for age, select as you would for clothing		61	35-39	44 (maximum)	FL67			EAZ 714	8
Full	Child Full Leg-8-10 yrs			73	39-54	57 (maximum)	FL810			EAZ 704	8
Full	Child Full Leg-11-13 yrs			83	39-54	57 (maximum)	FL1113			EAZ 700	8
Half	Child Half Leg-8-10 yrs			58	25-34	40 (maximum)	BK810			N/A	8
Half	Child Half Leg-11-13 yrs			61	35-39	44 (maximum)	BK1113			N/A	8

## Measuring Guide





# Here to help you, your team and your patients

Our clinical support team is on hand to help you with:

- Questions about the LimbO
- NHS Supply Chain Order Codes
- Supplying posters, leaflets and literature for your clinic/hospital
- Prescription request forms and FP10 PIP codes
- Samples or demonstrations of the LimbO for your team
- Wholesale/volume purchasing
- Support to assist with CPD
- Details of international re-sellers and distributors

## For Clinical Support:

- Call: 01243 578755
- Email: [info@limboproducts.co.uk](mailto:info@limboproducts.co.uk)
- Visit: [www.limboproducts.co.uk](http://www.limboproducts.co.uk)

If referring patients directly, please ask them to contact our customer services team on: 01243 573417

Rapid delivery: Same day despatch for patients ordering directly before 4.00pm weekdays and 11.00am on Saturdays.  
Standard P & P from £3.95



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